

Athlete Code of Conduct

Parksville Volleyball Club Athlete Agreement

The Parksville Volleyball Club is committed to providing you with a positive and rewarding volleyball experience so you may develop further as a player. Your membership to PVC implies your commit to supporting and respecting your teammates, coaches, and volunteers. You also agree and understand playing on a Club team within Parksville Volleyball Club will require dedication and commitment of time.

- Players will complete and sign the Athlete Code of Conduct/Agreement and are expected to adhere to these requirements.
- Players are expected to attend **all** training sessions, games, tournaments, and all other club activity (including during injury- for learning purposes),
- Players must show dedication to your team and provide your full attention to your team during practices, games, and anything else club related.
- Players confirm full vaccination for Covid-19 upon registration and be prepared to present the passport upon request,
- Players must respect the club, club coaches, players, officials, and administrators of Parksville Volleyball Club.
- Players must report any injury or illness to my coach before any competition or training session.
- Players understand the coach(es) will provide on-going evaluations and feedback to enhance further development as a volleyball player.
- Players are to communicate concerns to the coach or assistant coach, and if not satisfied I must then communicate to the Technical Director and/or the Board of Directors. Such communication will be done away from other players/parents and in an appropriate facility.
- Players understood the Parksville Volleyball Club Social media policy and will abide by these guidelines.
- Players will abide by the Parksville Volleyball Club travel policy-accommodation and travel and will abide by these rules.
- Players may be removed from the team or Club for failing to abide by these rules or any other Club rules as set out in the Parksville Volleyball Club policies.

Clothing and Dress Code Policy

Introduction

The Dress Code policy is intended to ensure appropriate and professional representation of the Parksville Volleyball Club at practices and tournaments. This policy applies to players.

Athletes will:

- be asked to wear Parksville Volleyball Club, VBC or Volleyball Canada clothing;
- wear an appropriate Volleyball/ athletic t-shirt;
- wear appropriate volleyball/athletic shoes must be worn at all times during practice and competition;
- Wear appropriate t-shirts cannot have the sleeves cut off or contain wording or logos that are:
 - Sexually explicit
 - Contain alcoholic or drug advertisements, or offensive material
 - Bearing logos from other clubs
- refrain from wearing tank tops;
- refrain from wearing short shirts that expose midriffs;
- refrain from wearing jewelry, including watches, earrings, bracelets, necklaces during practice or competition (If needed you may cover a piercing with tape)
- wear spandex shorts or athletic shorts that cover the buttocks and underwear.
- change out of their playing attire in a change room before or after practices or tournaments, or if unavailable discretely and quickly to not draw any unwanted attention to the member or Parksville Volleyball Club

Social Media + Online Communication Policy

Parksville Volleyball Club understands that advancements of technology are enabling new forms of social interaction and social media is a popular communication tool for players, parents and coaches. Parksville Volleyball Club is also aware that social media is a venue where inappropriate behavior and misconduct can occur. The following policies are meant to ensure the appropriate use of social media and online communication.

Texting, Email and Similar Electronic Communications - TeamSnap is the platform used for team communication across Parksville Volleyball Club

When a player feels the need to text or email a coach or staff member, the following guidelines must be followed:

- A parent (or guardian) must be copied
- It should be sent only with information regarding the organization or team or club activities

Social Media (Facebook, Twitter, Blogs and Similar Sites)

- Players are never to post pictures of other club members or players that can be hurtful or embarrassing or without their permission.
- The use of any device of recording or transmitting visual images is strictly prohibited in showers, restrooms, changing rooms or other areas where participants expect privacy.
- Protecting the identity and privacy of all Parksville Volleyball Club players is required.
- Do not post names, photos or identifying information at any time.
- Players and parents can “friend” the official Parksville Volleyball Club page and coaches can communicate to players through TeamSnap. The communication must be open, transparent and professional in nature and for the purpose of communicating information about the team or club activities.
- Social media sites should not be used to abuse or criticize the organization, members or players.

Travel Policy - Accommodation and Tournament and Practice Venues

- Safety comes first for all participants; nobody goes alone to any destination.
- Players are not to leave the competition venue, the hotel, a restaurant, or any other place at which the team has gathered without the permission/knowledge of the Head Coach.
- Players are not permitted in the coach's room alone, only as a team.
- Rooms are to be assigned by coaches. Players are NOT allowed to switch with each other.
- Curfews are set by the coaches and must be strictly adhered to by all players.
- Players are to abide by all team rules and Codes of Conduct generally in effect.
- Use of any illegal or controlled substance (alcohol, drugs, tobacco-including vaping) will not be tolerated in any form whatsoever. Such use will be cause for immediate dismissal from the team.
- Coaches and Parent Drivers are expected to share accommodation when possible.
- Players must stay and use the accommodation that is provided by the club, and may not stay with parents/ or relatives and cannot room with their parents at the hotel.
- Regardless of gender, a coach shall not share a hotel room or other sleeping arrangement with an athlete (unless the coach is the parent, guardian, sibling, or spouse of that particular athlete).
- There will be NO male players in female player's rooms and NO female players in male player's rooms (an exception may be made for siblings).
- Players will be respectful to all teammates, parents, officials, coaches, and players from other teams when travelling with Parksville Volleyball Club,

By signing below, I agree that I have read, understood and accepted this agreement as outlined. I hereby agree to be responsible and accountable to work, play and live by the standards presented in the Player's Code of Conduct. If at any time I choose not to comply with any of these standards, I willingly agree to submit to the consequences referred to within. I also understand that, if warranted, I could be asked to forfeit my position on the team, and agree to willingly do so.